



Introduction

PSALM 42:11

Why art thou cast down, O my soul?

And why art thou disquieted within me?

Hope thou in God:

For I shall yet praise him,

Who is the health of my countenance, and my God.

"Man, my head hurts," Sandy thought as she stood for the opening song in church that morning. "I shouldn't have opened that second bottle of wine last night." The praise music to a holy God forced the guilt and shame from a lifetime of past mistakes to rise to the surface like oil poured into water. Sandy scanned the room for a sign that she was not alone, that someone else did not have it together any more than she did. She did not find what she was looking for, only reassurance she was the one person God could not change because she had been too bad for too long. Sandy noticed Georgia, a frail young woman with a scarf covering her bald head due to her cancer treatments. Georgia held the hand of her three year old son while her husband held their baby girl. Sandy wondered if this was the plight of Christians to live with diseases and broken lives. Do you know Sandy? Can you relate to the frail young woman? Is there healing for such brokenness? Do you have an area of your life that needs healing? If so, *Quest For Wholeness* is for you.

Quest For Wholeness paves the road for the Christian woman searching for healing. Whether a sick body, broken heart, a contaminated mind, or a spirit searching for peace, this study is designed to be a tool directing her to wholeness.

At some point in my life, I have been all of these. Five years I lived as a believer in Christ but did not know the brokenness in